

## Ability To Thrive – Monthly Program Calendar

June 2026

### MEMBERS OF THE MONTH: Gordon Huntley & Maggie Niehaus

Week 1					
Date	Routson House / Life Skills	Fairfield Planet Fitness	Hamilton Planet Fitness	Day Outing Group	Educational Day Group
<b>Mon 1</b>	Summer Safety & Staying Cool! 🟦 Circle Time Topics: Why hydration matters, Summer sun safety, What to do when overheated, 🟢 Games & Activities: Summer Safety Sort! Sort pictures into: Safe summer choices, Unsafe summer choices, Hydration Tracker Challenge: Track water intake throughout the day. What Belongs at the Pool? Sort pool/summer items vs non-pool items. Sunscreen Relay: Practice the steps of putting on sunscreen correctly using lotion. <b>Lunch: chopped subs</b>	Pack Lunch	<b>Bowling: Mad Mikes</b> <b>Swim: McDonald's</b>	N/A	N/A
<b>Tues 2</b>	Beach Day Fun! Circle Time: Favorite beach activities, Ocean sounds guessing game, Discuss things you might find at the beach, Main Activity: Beach-In-A-Bottle: Small bottles filled with blue water, sand, shells, and glitter, Participants choose what goes in their bottle, Additional Activities: Shell sorting by size or color, Beach-themed coloring pages, Watch relaxing beach videos, Sensory Activity: Touch and explore sand, shells, and smooth stones	<b>Bridgewater Shopping</b> <b>Chick-fil-A</b>	<b>The Studio 15\$ or more</b> <b>Pack Lunch</b>	Mason Aquatic Center 16\$ Pack Lunch	N/A
<b>Wed 3</b>	<b>Beach &amp; Ocean Day!</b> 🎨 <b>Art Activities:</b> Ocean in a Bottle sensory craft, Paper plate jellyfish, Beach scene collage, Sand art pictures, Decorate sunglasses templates, 🎲 <b>Games:</b> , Seashell Matching Game, Beach Bingo, Treasure Hunt with hidden "seashells", Ocean Memory Match, 🟦 <b>Circle Time: Topic:</b> Summer Fun! If you could visit any beach, where would you go? Favorite summer activity? What animals live in the ocean? Ocean safety discussion, Share a favorite vacation memory, <b>Beach Ball Question Toss, Ocean Animal Charades, Shark, Shark, Dolphin (like Duck, Duck, Goose) w/ ms Jacki</b>	Pack Lunch	Mad Mikes	Hueston Woods Nature Center Picnic at Hueston Woods	N/A
<b>Thur 4</b>	"Sunshine & Smiles"! 😊 <b>Circle Time Discussion:</b> What makes you smile? How can we brighten someone else's day? Who makes your day better? <b>Circle Time Activity: Smile Around the Circle:</b> Each person shares something that makes them happy. 🎨 <b>Activities:</b> Create "Sunshine Notes" with encouraging messages. Make a giant paper sun with positive words on each ray. Decorate bookmarks with positive affirmations. 🎲 <b>Games:</b> Compliment Toss, Positive Word Bingo, Smile Scavenger Hunt (find hidden positive words around the room)	Jockos	Chick-fil-A	N/A	Family Fitton Center Sonic Milikin Woods
<b>Fri 5</b>	Farmers Market & Fresh Foods! 🟦 Circle Time Topics: Fruits vs vegetables, Why fresh foods are healthy, Shopping locally, 🟢 Games & Activities! Produce Match-Up: Match fruits/veggies to their names. Healthy Picnic Planner: Choose foods for a healthy picnic. Colorful Foods Bingo: Find foods by color. <b>Lunch: sweet potato taco, Farmers Market Pretend Shop: Use fake fruits/vegetables and play money w/ ms. Holly</b>	Pack Lunch	Gold-star	Fishing Pack Lunch	N/A
<b>Week 2</b>					
<b>Mon 8</b>	Transportation Safety! 🟦 Circle Time Topics! Seatbelt safety, Van and bus rules, Safe behavior in parking lots, 🟢 Games & Activities! Seatbelt Practice Station: Practice buckling/unbuckling safely. Parking Lot Safety Walk: Practice staying with the group and watching for cars. Vehicle Safety Sorting: Safe vs unsafe riding behaviors. Transportation Charades: Act out bus, bike, walking, crossing street. <b>Lunch: burrito bowl</b>	Pack Lunch	<b>Bowling: Canes</b> <b>Swim: Hot Heads</b>	N/A	N/A
<b>Tues 9</b>	Summer Picnic Party! Circle Time: Favorite summer foods, Picnic memories, Would you rather: watermelon or popsicles? Main Activity: Paper Plate Picnic Craft: Create a paper plate filled with favorite picnic foods using cutouts and stickers, Additional Activities: Summer food bingo, Match food pictures, Build a pretend picnic basket, Sensory Activity: Smell samples of lemon, watermelon, or fresh herbs <b>learn how to set a picnic table for lunch outside with ms Jasmine</b>	<b>Monsoon Bay 10\$</b> <b>Pack Lunch</b>	Canes Flubs Walmart	The studio 15\$ or more Pack lunch	N/A
<b>Wed 10</b>	<b>Superhero Day!</b> 🎨 <b>Art Activities:</b> Design your own superhero, Create superhero masks, Decorate superhero shields, Superhero comic strips, Create a superhero logo	Pack Lunch	Arby's	Harbin Park Picnic Antique Store	N/A

	<p> <b>Games:</b> Superhero Training Course, Save the City Bean Bag Toss, Superhero Charades, Hero vs. Villain Trivia, Power Match Game, Rescue Mission Relay, Superhero Bingo,  <b>Circle Time:</b> <b>Topic:</b> Personal Strengths! What is your superpower? What makes someone a hero? How can we help others? What are you proud of? Kindness challenge for the day</p>				
<b>Thur 11</b>	<p><b>"Growing Together"!</b> <b>Circle Time Discussion:</b> What have you learned this year? What are you proud of? How do we help each other grow? <b>Circle Time Activity: Proud Moment Share:</b> Everyone shares one accomplishment.  <b>Activities:</b> Create a "Growth Garden" bulletin board. Make flowers showing personal strengths. Design a "Things I'm Good At" poster.  <b>Games:</b> Strength Match-Up, Garden Relay, Team Puzzle Challenge, <b>"My support garden" w/ ms. Ciarra</b></p>	McDonald's	Gold-star	N/A	Mason Aquatic Center 16\$ Pack Lunch
<b>Fri 12</b>	<p><b>Laundry &amp; Clothing Care!</b> <b>Circle Time Topics:</b> Why clean clothes matter, Sorting laundry, Folding and putting away clothes,  <b>Games &amp; Activities: Laundry Basket Relay:</b> Sort whites, darks, towels. <b>Sock Match Challenge:</b> Match socks by size/color/pattern. <b>Folding Practice:</b> Practice folding shirts, towels, washcloths. <b>Stain or Clean? Game:</b> Identify if clothing should be washed. <b>Small party at the end of the day! Lunch: pack (snack: yogurt bowl)</b></p>	Pack Lunch Back to Office for small party	All 8 Up Back to office for small party	West Chester Antique Mall McDonald's Back to Office for Small Party	N/A
<b>Week 3</b>					
<b>Mon 15</b>	<p><b>Restaurant Skills &amp; Ordering Food!</b> <b>Circle Time Topics!</b> How to order politely, Restaurant manners, Waiting patiently,  <b>Games &amp; Activities!</b> Restaurant Role-Play: Practice ordering food and paying. Menu Match: Match meals to breakfast/lunch/dinner. Tip Jar Math: Practice leaving a simple tip using play money. Good Restaurant Choices: Discuss respectful public behavior. <b>Lunch: grill out w/ ms Ashley</b></p>	Pack Lunch	<b>Bowling:</b> Hot Heads <b>Swim:</b> Bubbakoos	N/A	N/A
<b>Tue 16</b>	<p><b>Balloon &amp; Bubble Celebration!</b> <b>Circle Time:</b> Favorite colors, Talk about parties and celebrations, Guess how many balloons are in a picture, <b>Main Activity: Balloon Painting:</b> Use balloons dipped in paint to stamp colorful designs, <b>Additional Activities:</b> Bubble popping game, Balloon volleyball using pool noodles, Decorate paper balloons, <b>Sensory Activity:</b> Watch and pop bubbles, Feel different balloon textures</p>	Wendy's Sweden Crème Harbin Park	Oxford Aquatic Center 10\$ Pack lunch	Thrift Store Hot Heads Walmart	N/A
<b>Wed 17</b>	<p><b>Carnival &amp; Fun Fair Day!</b> <b>Art Activities:</b> Make carnival tickets, Design a prize ribbon, Decorate clown faces, Create a carnival sign, Spin wheel craft,  <b>Games:</b> Ring Toss, Balloon Volleyball, Knock Down Cups, Bean Bag Toss, Pick-a-Duck Game, Prize Wheel, Ping Pong Ball Bounce,  <b>Circle Time:</b> <b>Topic:</b> Being a Good Sport! What does it mean to be a good sport? How do you encourage others? Favorite game you've ever played? Why is trying your best important? Practice giving compliments <b>carnival bingo w/ ms Emily S</b></p>	Pack Lunch	Canes	Monsoon Bay 10\$ Pack Lunch	N/A
<b>Thur 18</b>	<p><b>"Summer Safety &amp; Helping Others"!</b> <b>Circle Time Discussion:</b> How do we stay safe during summer? What should we do if someone needs help? Why is it important to look out for others? <b>Circle Time Activity: Safety Scenario Cards:</b> Discuss simple situations and solutions.  <b>Activities:</b> Create Summer Safety Posters. Make reminder cards about hydration and sunscreen. Design "Community Helper" thank-you cards.  <b>Games:</b> Safety Sorting Game, Community Helper Charades, Water Bottle Ring Toss</p>	Chick-fil-A	Arby's	N/A	Fishing Pack Lunch
<b>Fri 19</b>	<b>Closed for Juneteenth!</b>	<b>Closed for Juneteenth!</b>	<b>Closed for Juneteenth!</b>	<b>Closed for Juneteenth!</b>	<b>Closed for Juneteenth!</b>
<b>Week 4</b>					
<b>Mon 22</b>	<p><b>Home Organization &amp; Personal Belongings!</b> <b>Circle Time Topics!</b> Keeping track of important items, Why organization helps, Respecting shared spaces,  <b>Games &amp; Activities!</b> Backpack Organization Challenge: Organize bags with labeled supplies. Lost &amp; Found Match: Match belongings to correct owner. Keep It Organized Relay: Sort items into bins/drawers. Important Items Discussion: Practice identifying keys, wallet, ID, phone. <b>Lunch: Hawaiian Mac salad</b></p>	Pack Lunch	<b>Bowling:</b> penn station <b>Swim:</b> Gold-star	N/A	N/A
<b>Tue 23</b>	<p><b>Sunshine &amp; Smiles Day!</b> <b>Circle Time:</b> What makes you smile?, Favorite summer weather, Share something fun you've done recently, <b>Main Activity: Sun Catcher Craft:</b> Create simple tissue paper sun catchers, <b>Additional Activities:</b> Happy face collage, Smile photo booth with props, Positive affirmation cards, <b>Sensory Activity:</b> Warm towel hand treatment, Soft instrumental music, <b>make a water balloon canvas painting with Mr Josh and Mr JJ</b></p>	The Studio 15\$ or more Pack Lunch	Chick-fil-A Joyce Park	Milikin Woods Picnic Meijer	N/A
<b>Wed 24</b>	<p><b>Adventure &amp; Exploration Day!</b> <b>Art Activities:</b> Design Your Dream Vacation Poster  Create a Hot Air Balloon</p>	Burger King	Burger King	Fishing Pack Lunch	N/A

	<p>Craft 🎨, Adventure Scrapbook Page (places you'd like to visit), Decorate a Passport Booklet, Map-Making Activity (create your own island, town, or treasure map), 🗺️</p> <p>Games: Treasure Hunt 🗺️, Around-the-Room Adventure Scavenger Hunt, Mystery Destination Game (guess the place from clues), Roll the Dice Adventure Story, Travel Bingo, Packing Challenge (choose what you'd bring on different adventures), "Would You Survive?" Adventure Scenarios, Follow the Map Obstacle Course, 🗺️</p> <p>Circle Time: Topic: Exploring New Things: Discussion Questions: If you could travel anywhere, where would you go? What's something new you'd like to try? Have you ever been on an adventure? What does being brave mean? What's the most exciting thing you've ever done? Circle Time Activities: 🌍 "Travel Around the Circle" – Everyone shares a place they'd like to visit, 🗺️ Adventure Item Show &amp; Tell – Pick an item you'd bring on a trip and explain why, ⭐ "Brave Moments" Sharing – Talk about a time you tried something new, 🗺️ Group Adventure Story – Each person adds one sentence to a story</p>				
<b>Thur 25</b>	<p><b>"Proud to Be Part of a Community"!</b> 🗺️ Circle Time Discussion: What does community mean? What makes our group special? How can we make our community better? Circle Time Activity: <b>Community Web:</b> (w/ Ms. Shanda) Toss yarn around the circle while naming ways people help each other. 🗺️ <b>Activities:</b> Create a Routson House Community Mural. Make handprint flags or community banners. Write appreciation notes to peers. 🗺️</p> <p><b>Games:</b> Teamwork Balloon Volleyball, Community Bingo, Friendship Relay</p>	Wendy's	Canes	N/A	Harbin Park Hot Heads Lane Library
<b>Fri 26</b>	<p>Phone Skills &amp; Emergency Contacts! 🗺️ Circle Time Topics! Who are trusted contacts? What information should we know? When to call for help, 🗺️ Games &amp; Activities! Emergency Contact Card: Fill out personal emergency cards. Phone Call Practice: Calling staff, family, doctor, or work. Voicemail Practice: Practice leaving short messages. Safe to Answer? Decide if calls/messages are safe or unsafe. <b>Lunch: gluten free pasta salad</b></p>	Pack Lunch	Jimmy John's	Monsoon Bay 10S Pack Lunch	N/A
<b>Week 5</b>					
<b>Mon 29</b>	<p>Summer Recreation &amp; Leisure Skills! 🗺️ Circle Time Topics! Healthy hobbies, Trying new activities, Safe fun in the community, 🗺️ Games &amp; Activities! Leisure Choice Board! Choose healthy recreation activities. Summer Hobby Try-It Stations! Coloring, gardening, music, puzzles, games. Plan a Fun Day: Choose activities, meals, and supplies for a pretend outing. Recreation Charades: Act out favorite hobbies and activities. <b>Lunch: lo mein</b></p>	Pack Lunch	<b>Bowling:</b> Jolly's <b>Swim:</b> canes	N/A	N/A
<b>Tues 30</b>	<p><b>Ice Cream Social Day!</b> Circle Time: Favorite ice cream flavors, Favorite summer treats, Vote on the group's favorite flavor, <b>Main Activity: Build an Ice Cream Cone Craft,</b> Create paper ice cream cones using different colored scoops, <b>Additional Activities:</b> Ice cream memory matching game, Decorate ice cream coloring sheets, Make a giant group ice cream poster, <b>Sensory Activity:</b> Scented play dough (vanilla or strawberry), Explore cold vs. warm objects safely</p>	Wheels of Time Burger King	McDonald's Milikin Woods	Harbin Park Cici's Pizza Jungle Jim's	N/A

Notes: Pack Lunch means lunch is brought from home. Activities may adjust due to weather or community availability.